



# FRUIT PIZZA

Grades K-3/4-8

## MAKE A HEALTHY TREAT

K-8: Students get to enjoy a healthy treat as a reward for all of their hard work.

### TĀLOFA!

5 min

### SNACK / FREEPLAY

30 min

### STORY TIME

15 min

### STEM TIME

50 min

### Materials:

- watermelon
- strawberries
- kiwi
- blueberries
- vanilla frosting
- cutlery
- paper plates

### Tālofa is Samoan for hello!

Greet your students. Be friendly. Use their name, ask a question, give a high five, or thumbs-up! Take roll. Mark down which students took a snack and tally the snacks given out.

### Enjoy free play:

Students enjoy playing outside and eating their snacks.

### Read the story:

Read to your students outside as they sit in a circle. Older students may choose to read their own books during this time.

### Grades K-8: Fruit Pizza

Say: "You have been working hard to develop the garden! Every thing is looking so great! To celebrate your hard work, today we are going to make and enjoy a fun treat."

### K-8 Instructions:

1. The STEM Coaches will cut up the watermelon.
2. Students may wash their hands and be allowed to cut up the smaller fruit.
3. Set out the cut up fruit on plates
4. Each student may get a plate and some slices of watermelon to use as a base for their fruit pizza.
5. Students can decorate their fruit pizza with the desired frosting and fruit.



## SPORTS / GAMES

25 min

### Materials:

- Ten+ bean bags or small objects for each side. A larger number of items may be necessary for larger groups.
- Eight cones: four of one color and four of another if possible.

\*Older students may practice their sport if they don't want to play the game.

## HOMework / FREE PLAY

20 min

## CLEAN UP / DISMISSAL

5 min

### Plant the Trees

Teams will race to collect as many bean bags as they can before time runs out.

Instructions- Use cones to set up the play area into three sections. There will be two outside sections for the teams, and there will be a middle section they will be running across. Organize students into two teams, and have each team go to their section. If the cones are two different colors, then the teams can be named after their cone colors. Disperse an equal number of beanbags or small objects on each team's side. To play, have teams line up. When the STEM Coach says "Plant the Trees!" one player from each team will race to pick up one bean bag at a time and bring it back to their side. After about two to three minutes (adjust time if needed), the STEM Coach will end the round and see how many bean bags each team has. For each round, teams may be re-organized or given different challenges of how they must bring the bean bags to their side. One challenge could be that they must walk it back on their head or hop back with it between their legs. They could even crab walk it back with the bean bag sitting on their bellies! Feel free to be creative!

### Instructions:

Allow your students some homework time. If they need help let them know you can help them. If they do not have any homework they can have some reading time, or they can have free time to go outside and play.

### Clean up/pack up/dismissal

Clean up, pack up and head home.