



PREPARE THE GARDEN

Grades K-3/4-8

WORK ON YOUR GARDEN

K-8: Students get to work together to develop their garden!

BULA!

5 min

SNACK / FREEPLAY

30 min

STORY TIME

15 min

STEM TIME

50 min

Materials:

- Garden bed kits
- Tools needed for assembly
- Measuring tape
- Sand paper
- Protective wood finish
- Paint brushes
- Plastic gloves
- Paint stick or dowel
- Large disposable cup
- Full size rounded shovels
- Wheelbarrows
- Trash bags
- Other gardening tools

Bula is Fijian for hello!

Greet your students. Be friendly. Use their name, ask a question, give a high five, or thumbs-up! Take roll. Mark down which students took a snack and tally the snacks given out.

Enjoy free play:

Students enjoy playing outside and eating their snacks.

Read the story:

Read to your students outside as they sit in a circle. Older students may choose to read their own books during this time.

Grades K-8: Prepare the garden

Today the students will begin preparing the garden. Every school will be in a different situation regarding the state of their gardens. Over the next week/week and a half, use the calendar and schedules as a general guide. It is more important to go at a pace suited to your school's situation. If you need less or more time to go through the necessary steps to get the garden all ready for planting, that is okay!

As your students prepare the garden, use the Garden Guide, and choose what your school needs from it to aid in creating a successful gardening experience for your students!

K-8 Instructions:

Over the next 2 to 3 days your students will work on preparing the garden beds. Determine which stage your garden is in, and instruct the students to either:

1. Construct the garden beds, and sand and coat them.
2. Sand and coat the garden beds.
3. Prepare an empty or abandon garden bed/planter/or flat spot to transform into a garden. This may require digging, weeding, and tilling the ground.

**Refer to the Garden Guide for further instructions, and the required materials for your specific project.*



SPORTS / GAMES

25 min

Materials:

- Cones to designate play area and midline of the territories
- 2 objects to act as the “corn,”
*Optional- colored jerseys or flag football flag belts for team members to make it easier to identify teams

*Older students may practice their sport if they don't want to play the game.

HOMEWORK / FREE PLAY

20 min

CLEAN UP / DISMISSAL

5 min

Capture the Corn

Students will play a variation of Capture the Flag. They will try to steal the other team's “corn” and take it to their “farm,” (home base).

Instructions- Set up the field. The playing field is separated into two territories with a home base, or farm, on each end of the designated playing field. Each territory belongs to a team. Place an object to be the corn in each farm. Divide students into two teams with a balanced amount of younger and older students. To play the game, players will begin in their own territory. Teams should not guard their corn too closely. Encourage them to stay at least 10 feet away from the corn unless a player from the other team is present. Players will run and try to capture the corn from the other team's farm. If a player is found on the other team's territory, they may be tagged and then they will join the opposing team. The first team to capture the corn and bring it back to their territory wins.

Instructions:

Allow your students some homework time. If they need help let them know you can help them. If they do not have any homework they can have some reading time, or they can have free time to go outside and play.

Clean up/pack up/dismissal

Clean up, pack up and head home.